

Connecting Families

October 2016

Family Engagement

The Four Family Life Practices include Language rich experiences, Routines, Positive Discipline, and this month's topic:

READING

Young children's brains are developing faster than they ever will again!

Reading regularly with your child helps with brain development and strengthens your relationship. Reading with your child builds language, literacy, and social-emotional skills that last a lifetime.

Many of you have let us know that you want to become a family of readers.

Here are some great tips:

- Let your child choose where to read
- Let your child choose what to read
- Encourage your child to help hold the book and turn pages
- Repeat favorite books
- Pause for talking
- Use big words and new vocabulary
- Talk, Talk some more
- Give your child time to "read" to you
- Sometimes, instead of reading, tell the story
- Read with your child, not just to your child
- Model that reading is something you enjoy, too
- Talk and sing with your child often
- Share a love of books

Four Life Practices To Prepare Your Child for School



Positive interactions

Offer your child choices, limits, boundaries, rewards

Conversations with your child

Talk to your child, listen and respond

Routines

Follow the same schedule every day

Read Every day



PARENTS, did you know you can find exciting information about activities, jobs, school closures and much more by liking us on our Facebook page?

Let's get healthy!

PARENTS SAVE THE DATE!!!

CPR/FIRST AID CLASSES

October 19th

6-10 pm

First United Methodist Church

350 11th Ave.

Call 303-776-8523 to sign up!



Building a Healthy Family

Make Today Count!

5-2-1-0

5 servings of fruits and vegetables daily

2 hours or less of screen time

1 or more hours of physical activity

0 sweetened beverages

Stay tuned for more information!!!!!!



Volunteers Needed!

Just a few minutes of your time can make a big difference

We know you're busy! But consider taking just a few minutes out of your day to volunteer in a center or from home-Your help improves the Wild Plum program for your child. We have volunteer hours for every skill and desire.

Sign up for a volunteer job today!

Activity	Estimated Time Commitment
Setting and cleaning tables	15 minutes
Reading to students	15 minutes
Cleaning toys or beds on Thursdays	20 minutes
Helping with group projects	30 minutes
Making copies for Thursday Folders	45 minutes



Contact your child's teacher, Family Educator, or Program Specialist to sign up, or call Executive Assistant Leah Herrera at 303-848-8013 or Support Specialist Sally Wertzbaugher at 720-652-4779.

School Readiness and Art at Wild Plum

Why is art important? Here are ten reasons:

1. Art nourishes a child's soul and true creative spirit.
2. Creating art promotes self esteem.
3. Art encourages children to give attention to the physical space that surrounds them.
4. When creating art children learn to solve problems and think for themselves, known as critical thinking.
5. Art teaches children to use their senses.
6. Children can share and reflect on their art work to help them makes sense of the world they live in.
7. When art is integrated with other curriculum, children commit to the learning process.
8. Art stimulates the right and left side of the brain.
9. Art teaches there is more than one way to solve a problem.
10. If a child learns to love art, this will stay with them forever.



If we want children to love art, it needs to be a part of their daily preschool life. This will far outlast knowing their ABC'S or how to write the alphabet.

<http://www.lacanadapreschool.com/10-reasons-why-art-is-important->

Ideas for Helping Preschoolers Ages 3 and 4 Get Ready to Read

Among other ideas, the following may be helpful to you:

- Keep up the conversations, book-sharing and trips to the library. Look for alphabet books and books of poems and rhymes.
- Point out letters and simple, familiar words in books and signs. Help your child read his name or write it with crayons or magnetic letters.
- Encourage him to tell you stories, to put happenings into a logical order.
- Read books and sing songs with rhymes. Play rhyming games. For instance, as you're reading or singing, stop before a rhyming word and ask your child to fill in the blank.

Check with your school district or other service providers about early childhood learning materials they may have.

<https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/family/for-families/readiness/learning/parent>

What's Happening at Wild Plum?

Activities This Month!

10/5 EHS Connecting Families 9am-10:30am Willow Farm Barn Park 901 S Fordham St.

10/14 PRESCHOOL PROGRAM CLOSED

10/17 PRESCHOOL PROGRAM CLOSED

10/18 Connecting Families EHS 5:30-7:00pm First Lutheran Church

10/19 Parent CPR & First Aid 6:00-10pm FUMC 350 11th Ave.

10/28 HS Connecting Families 10:00-11:30am First Lutheran Church

10/29 Real Men Activity to Anderson Farms leaving the FUMC 350 11th Ave. @ 9:00-1:30pm



REAL MEN *Respect, Educate, Active Leaders*

MEN MARK YOUR CALENDARS!!!

Anderson Farms

WHO: HS/EHS men and children

WHEN: Saturday October 29th

WHAT TIME: 9:00am-1:30pm

We will leave from the FUMC 350 11th Ave.

@9:00am



You must confirm with Norma at 303-776-8523 no later than October 21st.



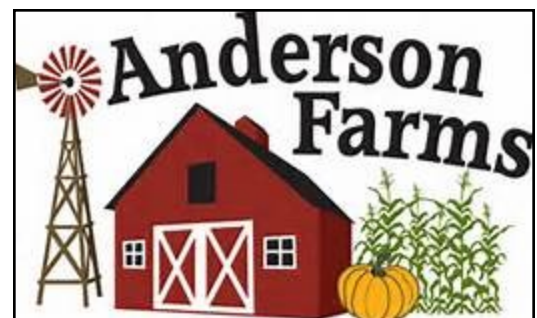
Time To Pick Out Your Pumpkin

Enjoy a hayride wagon into the pumpkin patch

Corn Maze

Pumpkin Launching

Barnyard Pedal karts and more...



Each month there is a male involvement activity for you and your child to do together with other men.

**Dads, grandpas, uncles, older brothers are encouraged to participate*